

Redeemer COVID-19 Guidelines based on State and County Levels

From the Illinois Department of Public Health (11/1/2022):

When making decisions about community prevention strategies and individual preventive behaviors in addition to vaccination, health officials and people should consider the COVID-19 Community Level in the county.

Layered prevention strategies — like staying up to date on vaccines, screening testing, ventilation and wearing masks — can help limit severe disease and reduce the potential for strain on the healthcare system.

CDC recommends using county COVID-19 Community Levels to help determine which COVID-19 prevention measures to use for individuals and communities.

Low Community Level COVID Spread

Individual- and household-level prevention behaviors

- Stay up to date with COVID-19 vaccines and boosters
- Maintain improved ventilation throughout indoor spaces when possible
- Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19
- If you are immunocompromised or high risk for severe disease
 - Have a plan for rapid testing if needed (e.g., having home tests or access to testing)
 - Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals.

Redeemer Guidelines

- Masking: Optional (but anyone may mask who wishes to do so)
- Communion: Intinction allowed & pre-packaged elements available
- Singing: No restrictions
- Worship: In-person with online option provided
- Food and drinks: No restrictions
- Childcare: Open
- Redeemer Groups: No restrictions
- Outside groups: No restrictions

Medium Community Level COVID Spread

Individual- and household-level prevention behaviors

- If you are immunocompromised or high risk for severe disease
 - Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing)
- If you have household or social contact with someone at high risk for severe disease
 - consider self-testing to detect infection before contact
 - consider wearing a mask when indoors with them
- Stay up to date with COVID-19 vaccines and boosters
- Maintain improved ventilation throughout indoor spaces when possible
- Follow CDC recommendations for isolation and quarantine.
- If you are immunocompromised or high risk for severe disease
 - Have a plan for rapid testing if needed
- Talk to your healthcare provider about whether you are a candidate for treatments

Redeemer Guidelines

- Masking: Optional but recommended
- Communion: Pre-packaged communion elements are used
- Singing: Reduced singing in worship
- Worship: In-person with online option provided
- Food and drinks: Individual prepackaged food is used for coffee hour
- Childcare: Open with vaccinated staff
- Redeemer Groups: Limit group size to ½ room capacity.
- Outside groups: No food or drinks

High Community Level COVID Spread

Individual- and household-level prevention behaviors

- Wear a well-fitting mask indoors in public, regardless of vaccination status (including in K-12 schools and other indoor community settings)
- If you are immunocompromised or high risk for severe disease
 - Wear a mask or respirator that provides you with greater protection
 - Consider avoiding non-essential indoor activities in public where you could be exposed
- Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing)
- If you have household or social contact with someone at high risk for severe disease
 - consider self-testing to detect infection before contact
 - consider wearing a mask when indoors with them
- Stay up to date with COVID-19 vaccines and boosters
- Maintain improved ventilation throughout indoor spaces when possible
- Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19

Redeemer Guidelines

- Masking: Highly encouraged
- Communion: Pre-packaged communion elements are available for pick up on arrival to worship – no coming forward.
- Singing: Limited congregational singing
- Worship: In-person, shortened worship services provided and social distancing encouraged. Online worship continued
- Food and drinks: No eating at church. Coffee still provided.
- Childcare: Open with vaccinated staff
- Redeemer Groups: Meet outdoors only
- Outside groups: Meet outdoors only